



**clineX**

**One world, One life, One clineX**



# What helps our immunity?

Immunity is the ability of an organism to defend itself against antigens and adverse effects from both the external and internal environment.

**Antigens** - particular cells of pathogenic organisms, viruses, parasites or tumor cells. Immunity triggers our body's immune response to these unwanted clusters.

How much immunity we have depends largely on each of us.





# How strong is our immunity?

## Natural immunity

- the first line of defense against infection
  - constantly monitors the daily attack of the body by pathogens
  - acts as an antivirus program on your PC that has stored patterns of malicious programs
- when it does, the antivirus will destroy the intruder.

Our immunity works the same way.

Cells are still patrolled by the phagocytes and, if they recognize a hazard, destroy the antigen.



In the later stage of the disease, when the presence of antigen **within three to seven days** awakens our entire immune system, the body responds fully.

The body is able to remember and update phagocytes, which the next time they recognize the infection more quickly.

Anyway, before this happens and the infection becomes apparent, we can infect our entire environment.





# How can we help ourselves?

Sufficient intake of:

- vitamins and minerals
- hardening, sauna, sport
- supplementation of essential nutrients, which demonstrably increase immunity:
  - **Selenium**, which the Czech population does not have enough,
  - Selenium is part of a number of enzymes, prevents oxidative stress and significantly affects the immune system
  - **Walnut extract** - cleansing the intestinal tract from settled parasites and their developmental stages
  - **Curcumin** has strong antioxidant effects and fights free radicals in the body. It can kill some bacterial and viral pathogens.



# Immunity from pharmacy

Effective complex mixture of  
Wurm-Ex / Vermisel extracts.

- **Selenium,**
- **curcumin,**
- **walnut extract**
- **Iodine and piperine,**
- → multiplies the effects of **curcumin.**
- Acts throughout the body



EU Version of Vermisel



USA & UK Version of Vermisel / Wurm-Ex





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